

## **JSKA News Letter - Mona Pretorius**

**2003-07-10**



### **Mona Pretorius**

We are very proud to announce that one of top World Champions, Mona Pretorius, has been selected to represent Team South Africa in Weightlifting at the forthcoming All Africa Games in Nigeria.

What makes this achievement even more exceptional is the fact that Mona is only 14 years old and she can already pick up over 72kg. She is in the Ladies under 53kg division.

We wish to congratulate her and her family on this treamandous achievement. The JSKA South Africa and Sensei Michael wish you all the success in the Games and we hope that you will make us proud.

Once again, Well done Mona. We are very proud of you, Girl!!!!!!!